Sexual Assault Prevention & Bystander Intervention Training

NATIONAL GUARD

GUARDING AMERICA. DEFENDING FREEDOM

ANG AIR NATIONAL GUARD

Goals

1. Become more aware of the issues surrounding sexual violence
2. Agree that we will not display or tolerate any behavior that even potentially facilitates sexual violence

Key Point 2

What Every Bystander Needs to Know

- Definition of Sexual Assault
- Prevention of Sexual Assault
- Understanding Roles in Sexual Assault Scenarios
- Challenges for the Bystander

DoD Definition of Sexual Assault

- Sexual assault is a crime.

- Sexual assault is defined as intentional sexual contact, characterized by use of force, physical threat, or abuse of authority, or when the victim does not or cannot consent.

DoD Definition of Sexual Assault

Sexual assault includes:

- Rape,
- Nonconsensual sodomy (oral or anal sex),
- Indecent assault (unwanted, inappropriate sexual contact or fondling), or
- Attempts to commit these acts.

DoD Definition of Sexual Assault

Sexual assault can occur without regard to gender or spousal relationship or age of victim.

DoD Definition of Sexual Assault

- "Consent" shall not be deemed or construed to mean the failure by the victim to offer physical resistance. Consent is not given when a person uses force, threat of force, coercion, or when the victim is asleep, incapacitated, or unconscious.

- Age of consent

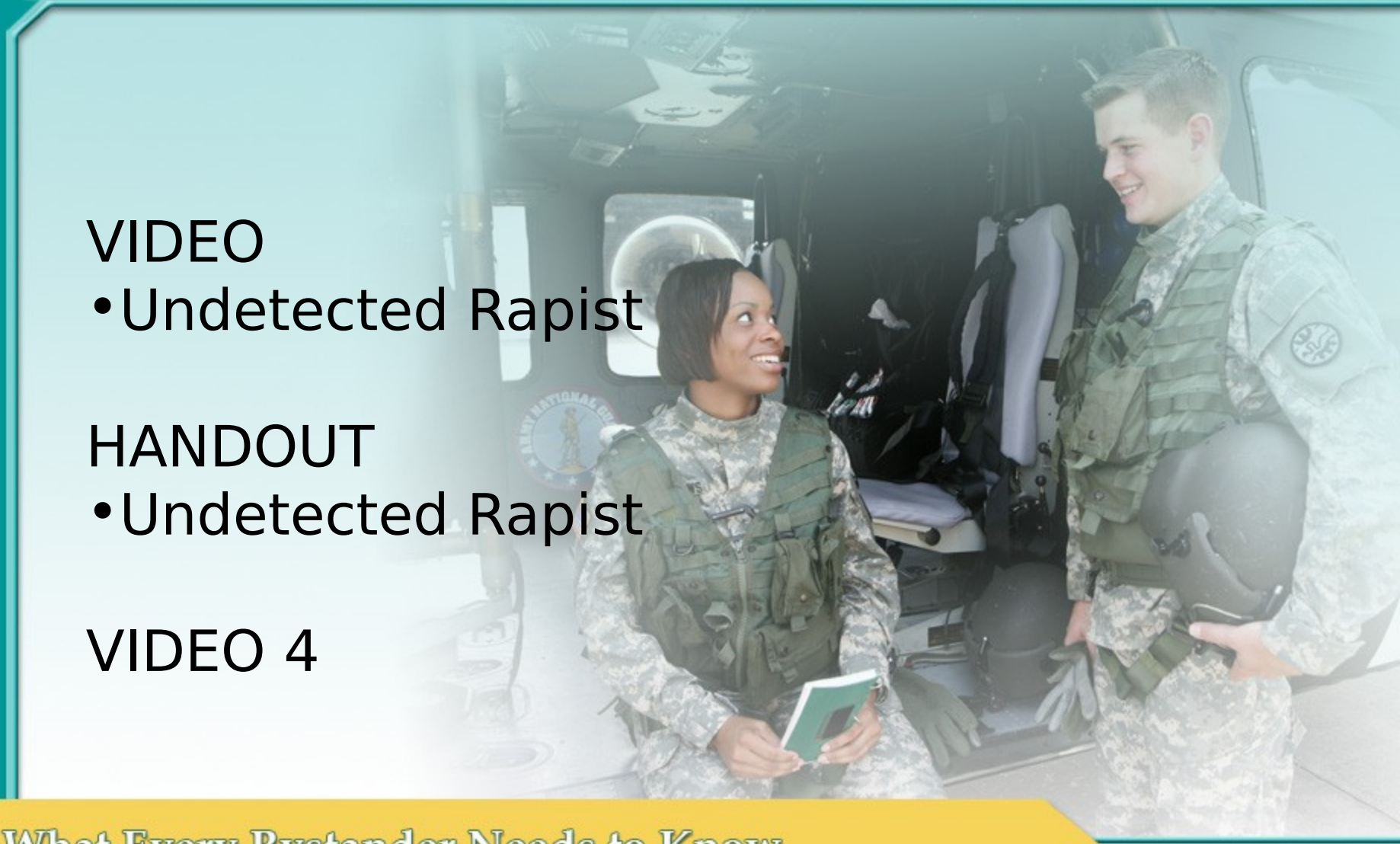
Myths of Sexual Assault

- Rape is sex
- A person should always fight back
- Men can’t be sexually assaulted
- Sexual assaults are rare and affect few people
- You can tell a sexual offender by the way they look
- Most victims are assaulted by a stranger

Myths of Sexual Assault

- Sexual assaults are impulsive, uncontrollable acts of sexual gratification. Most are spontaneous acts of passion where the assailant cannot control him/herself.
- Only certain kinds of people get assaulted.
- Most sex offenders only commit one assault.
- The way a woman dresses affects the likelihood she will be sexually assaulted.

Discussion



VIDEO

- Undetected Rapist

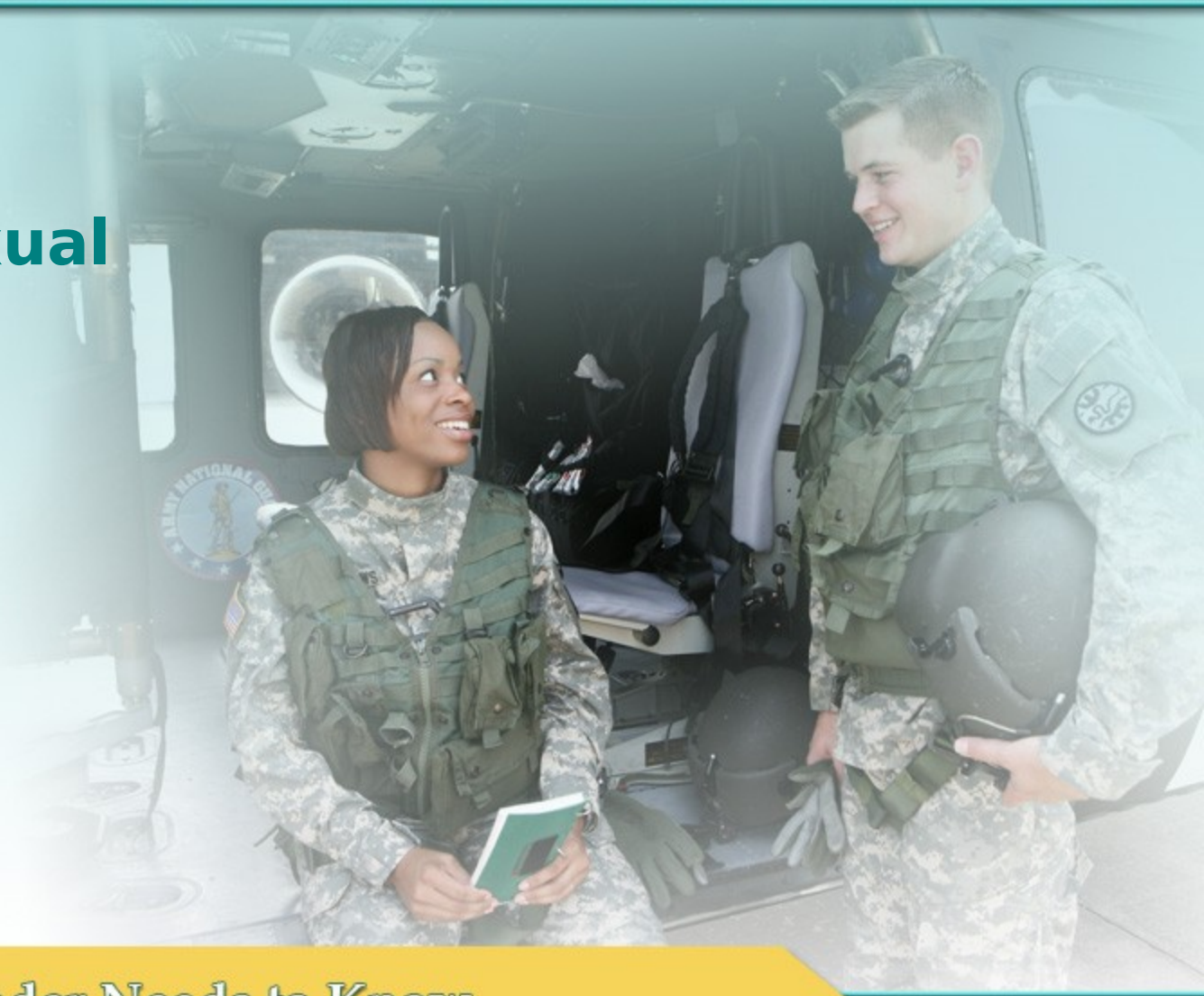
HANDOUT

- Undetected Rapist

VIDEO 4

Discussion

Was it Sexual Assault?



Understanding Roles in Sexual Assault Scenarios

What Every Bystander Needs to Know

Perpetrator

- Behaviors are often premeditated and manipulative
- Lacks empathy
- Does not filter information the same way others do
- No standard “profile”
- A small percentage of society—but does a LOT of damage

Victim

- No standard “profile”
- Many freeze up during an assault
- Often blames him/herself

We must never cloud the issue of who
is REALLY at fault. The ONLY person to blame is the person who committed
the crime—the perpetrator.

Facilitator

- Rarely part of the actual assault
- Assist perpetrators with the setup
- Often don’t realize the perpetrator is a sexual predator

Bystander

- Most of us are bystanders
- Not usually involved in the setup, but are present and aware
- Have the ability to assess situations and go with "gut instinct"

The bystander role is CRUCIAL in sexual assault prevention!

Challenges for the Bystander

- 12 people watched gang rape
- Why not intervene?

Key Point 3

Actions Bystanders Can Take

- Identifying Problem Behaviors
- Using the Four-Step Decision Making Process

Discussion

- Step 1: Are you safe?
- Step 2: Direct or indirect action?
- Step 3: What are your options for action?
- Step 4: Take action

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